



## **MARTIN FROBISHER INFANT SCHOOL**

### **Newsletter 25 Friday 19<sup>th</sup> April**

Our first 2 weeks of the summer term has passed very quickly. The children are back into routine and enjoying learning about heroes in Foundation Stage and local history including the life of our school namesake, Martin Frobisher, in Key Stage 1.

We would like to offer a warm welcome to our new children who have started in Nursery and their families and look forward to sharing the children's learning journey with you at Martin Frobisher Infants.

#### **Parent Governor Vacancy**

We are looking to appoint a new parent governor to join our governing body. Additional information about the role and how to nominate yourself has been sent out with this newsletter.

#### **Easter Events**

Thank you to everyone who attended our end of term Easter Bonnet Parade and those who purchased raffle tickets for the chocolate bundles. Along with the sales of Ice-cream we raised £342.85. Our FOMFIS volunteers are amazing!

Look out for development work in the foundation stage outdoor area in May which is being funded by fundraising by FOMFIS.

#### **Spring Disco**

FOMFIS have planned a Spring Disco at the Brig for Monday 13<sup>th</sup> May. 5 – 7pm Tickets are £2 each and are available to purchase from the school office. Adults and children attending will require tickets. Tickets are limited to 1 adult in the first instance but we will keep you updated if additional tickets are available nearer the date of the disco.

#### **Red Nose Day**

We raised £99.30 on Red Nose Day which has been sent to the charity.

#### **FOMFIS (Friends of Martin Frobisher Infant School)**

FOMFIS have a fantastic Facebook page where they share all the events they plan and school updates. Search for FOMFIS on Facebook and take a look.

You can support FOMFIS in raising funds is by shopping online via [easyfundraising.com](https://www.easyfundraising.org.uk/causes/friendsofmartinfrobisherinfantschool/). Just follow this link: <https://www.easyfundraising.org.uk/causes/friendsofmartinfrobisherinfantschool/>

#### **Attendance**

Overall attendance this week has been 91.4% Missing school means missing out on all the opportunities we offer for children to learn and develop personally and socially.

Well done to all our attendance heroes this week who were **Here** **Everyday** **Ready** and **On** time. 80% of children in main school have had 100% attendance.

A reminder that holidays taken during term time will not be authorised and the Local Authority will issue a penalty notice. This is currently £60 per parent per child.

# TURNING POINT TALKING THERAPIES - WAKEFIELD

## ON-DEMAND WELLNESS WEBINARS



We now offer a series of On-demand Wellness Webinars - delivered and presented by our local team of qualified therapists who share valuable methods, techniques and evidence-based strategies, to support your mental health – freely available via our website.

No GP referral is needed and there are no waiting lists for this offer.

Scan the QR code to start.

### CURRENT SESSIONS INCLUDE:



**MANAGING LOW  
MOOD**



**MANAGING WORRY**



**STRATEGIES  
TO IMPROVE YOUR  
SLEEP**



For more information scan the QR code or contact us on the below:

🌐 [talking.turning-point.co.uk](https://talking.turning-point.co.uk)

📞 01924 234 860

✉ [wakefield.talking@turning-point.co.uk](mailto:wakefield.talking@turning-point.co.uk)



**TURNING POINT  
TALKING THERAPIES**



@TurningPointTalkingTherapies

@wakefieldtalkingtherapies

# FREE EMOTIONAL WELLBEING WORKSHOPS

**APRIL | MAY**

Delivered by qualified therapists and co-produced by experts by experience, our informal workshop sessions have been designed to provide you with useful techniques and coping strategies to help improve your mental health and wellbeing. As well as providing you with useful information about common mental health symptoms.

To access you need to be aged 16+ and be registered with a Wakefield or Five Towns GP.



For more information and to book your place onto any workshop, scan the QR code, or contact us on the below:

[talking.turningpoint.co.uk/workshops](https://talking.turningpoint.co.uk/workshops)

01924 234 860

[wakefield.talking@turning-point.co.uk](mailto:wakefield.talking@turning-point.co.uk)

## **BOOSTING LOW SELF ESTEEM**

Sun 28th Apr: 13:00pm - 14:30pm

## **COMBATTING LOW MOOD**

Sun 7th Apr: 11:30am - 13:00pm

Thurs 16th May: 12:30pm - 14:00pm

## **COPING WITH WORK STRESS**

Thurs 18th Apr: 18:00pm - 19:30pm

## **CONTROLLING FINANCIAL WORRIES**

Thurs 16th May: 13:30pm - 14:30pm

(Socialicious Recovery Hub - WF1 1PN)

## **EMOTIONAL EATING**

Sun 5th May: 11:30am - 13:00pm

## **EXPLORING GRIEF AND DEPRESSION**

Sun 14th Apr: 11:30am - 13:00pm

## **HOW TO BE KIND TO YOURSELF**

Sun 21st Apr: 13:00pm - 14:30pm

## **IMPROVING SLEEP**

Sun 21st Apr: 11:30am - 13:00pm

## **INTRODUCTION TO MINDFULNESS**

Sun 12th May: 11:30am - 13:00pm

## **KEEP MOVING FORWARD**

Tues 30th Apr: 14:00pm - 15:30pm

## **LIVING IN UNCERTAIN TIMES**

Sun 28th Apr: 11:30am - 13:00pm

## **LIVING WITH CHRONIC PAIN**

Sun 5th May: 13:00pm - 14:30pm

## **MANAGING ANGER & IRRITABILITY**

Thurs 11th Apr: 13:30pm - 14:30pm

(Socialicious Recovery Hub - WF1 1PN)

## **MANAGING ANXIETY & WORRY**

Sun 7th Apr: 13:00pm - 14:30pm

Tues 14th May: 12:30pm - 14:00pm

## **MANAGING EXAM STRESS**

Sun 12th May: 13:00pm - 14:30pm

## **MENSTRUAL HEALTH & MOOD**

Sun 14th Apr: 13:00pm - 14:30pm

## **MINDFUL PREGNANCY - MANAGING ANXIETY & CONNECTING WITH BABY**

Fri 5th Apr: 10:00am - 12:00pm

Fri 31st May 10:00am - 12:00pm

## **MINDFUL PREGNANCY - COPING WITH STRESS & POSITIVE BIRTH**

Fri 24th May: 10:00am - 12:00pm

## **NAVIGATING RELATIONSHIP BREAKDOWNS**

Sun 26th May 13:00pm - 14:30pm

## **NEURODIVERGENCE & WELLBEING**

Wed 3rd Apr: 14:00pm - 15:30pm

## **OVERCOMING PANIC ATTACKS**

Sun 26th May: 11:30am - 13:00pm

## **POSITIVE BODY IMAGE**

Sun 19th May: 13:00pm - 12:30pm

## **SUPPORT FOR LOVED ONES**

Sun 19th May: 11:30am - 13:00pm

## **MANAGING STRESS AS A PARENT**

Wed 1st May 10:00am - 11:30am

\*All are delivered via TEAMS, unless otherwise stated.

**NHS** **TURNING POINT TALKING THERAPIES**

We plan workshops 3 months in advance. For more dates visit the website.

@TurningPointTalkingTherapies  
@wakefieldtalkingtherapies

### Dates – Further details will follow nearer to specific dates

16 05 24 - Jellyfish Class Assembly 9.15am

20 05 24 - Reading Café for parents of children in Year 1. Phonics screening check focus. – 2.15pm

24 05 24 – School closes

03 06 23 – School opens

w/c - 10 06 24 – Year 1 Phonics Screening Check

10 06 24 – Reading Café for parents of children in Reception. – 2.15pm

12 06 24– Reading Café for parents of children in Year 2. – 2.15pm

27 06 24 – Rainbowfish Class Assembly 9.15am

04 07 24 – Curriculum Exhibition for Parents

18 07 24 – Leavers Assembly 2pm Followed by Leavers Festival until 5.30pm

19 07 24 – School closes

22 07 24 – INSET – school closed to children

### **Inset Days**

We have already taken 4 of our 5 Inset days for the year. The remaining date is **Monday 22nd July**

Designated Safeguarding Lead: Mrs L Carter.

Deputy Designated Safeguarding Leads: Mrs R Adams, Mrs K Broadhead, Miss G Moxon Miss L Wilson

If you are worried a child is at risk of harm please contact either of the above or: Social Care Direct on 0345 8503503